

NewsBits

McLean Area Branch AAUW of Virginia May 2016 Volume II Number 5



The history of our book sale tells us that we end up with too many books at the end of the sale. Why does this matter? It costs us time and money. Every time a sorter puts a less than pristine book into a category, a category leader must handle it again – TIME. Every time a category leader boxes an unsellable book, it must be moved to the book sale – TIME AND MONEY in moving costs. Every box that is not sold by the end of the sale costs us TIME AND MONEY in clean up.

Book Sale Begins

been improving. In 2013 and 2014 we sold approximately 49 percent of our books. Last year, with a focused effort to eliminate unsellable books at the sorting site, we brought that number up to 60 percent sold. As someone has famously said, "That's HUGE!" The other good thing is that we make the same money on books that we donate to Discover Books whether we do it at the sorting site or at McLean Community Center after the sale. So what's the difference? Moving costs are very expensive and time consuming to our members. The more unsellable books we eliminate during sorting, the more profitable our sale.

The good

we have

news is that

No one likes to throw away a book. We have an ideal WIN WIN situation with Discover Books taking our discards and paying us for them. When you come to sort be ruthless in your scrutiny. Would you put that book on your bookshelf? Does it look and smell clean? Or is it in the percent that probably won't sell?

This may be our last book sale. With the McLean Community Center going under construction in 2017 there are some future unknowns. With everyone pitching in we can make this one of our best book sales ever.

Book Category Leaders Needed

fiction (hardback) gardening history military history media and journalism philosophy and religion romance travel and geography

Please call *Betsy Schroeder* at 703/209-5003 or email at icu43@cox.net, if you can help.

AAUW VA Conference in Herndon

Leading for Equitable Treatment: What's New in LAF?

Mollie Lam, AAUW Legal Advocacy Fund (LAF) senior manager, presented a workshop at the AAUW VA Spring Conference updating attendees on LAF. LAF was created in 1982 for those who need assistance in education-related lawsuits. Lawsuits arising out of workplace inequities were accepted by the LAF with the Lilly Ledbetter lawsuit. Cases are selected by the LAF committee and approved by the AAUW board. Cases must be filed in either state or federal court. Cases are chosen for either financial or organizational support. Case-based costs must be outside attorney fees. Organizational support provides publicity such as recent military assault cases. LAF also provides support for campus outreach grants and case support travel grants.

"What Body Language Says About Leadership"

Banquet speaker Christopher Ulrich, founder of CU in the Moment, provided AAUW state conference goers with an insightful view of what our body language says about us in everyday situations. Ulrich says the study of body language is more science than a pop culture study and can impact how women are viewed as leaders.

Some simple advice is that we should put our hands out first to shake hands when meeting people and face them squarely, belly button to belly button. This is, according to Ulrich, a show of confidence and a winning strategy. Another point made was that in group settings, we should "frame ourselves" by putting ourselves in the middle of group rather than at the edge. When talking with a person, we should focus on the eyes and nose, but not the lips. People respond better in a one to one conversation when

Mary Anne Graham

Public Policy Update Equity, Education, Advocacy

The Virginia General Assembly recently failed to override any of Gov. McAuliffe's vetoes on partisan flash points. The House successfully voted to override, but the Senate was unsuccessful. Vetoed bills include one that would have rolled back gay rights, and another that would have defunded Planned Parenthood.

In Fairfax County, the board of supervisors voted to increase funding for schools. The tax rate will be increased

and will allocate an entire penny to provide an additional \$33 million and more to schools and to address teacher compensation.

The AAUW Lobby Corps reminded elected officials that Congress is responsible for amending the Voting Rights Act of 1965 to prevent voting discrimination. The Supreme Court had struck down Section IV that took away those basic protections that prevented states and cities from restricting voting. That's why Virginia now requires a photo ID to vote.

Be an advocate. Join the Lobby Corps on May 12 and travel to Capitol Hill with other AAUW Virginia members. Contact *Mary Lou Melley*, 703/536-6498.

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eye contact is strong but not constant. Constant eye contact can be intimidating. Concentrating on the lips can be interpreted as a sexual message. A strong message is delivered by the way we position ourselves when standing. The wonder woman pose with an open posture, hands on hips and legs firmly established in a broader stance all add to a woman's own confidence and to the perception that she is capable and strong.

Most of us do recognize that we react to a person's physical presentation when we meet, and we can work with these ideas to make our impression as positive as we can. Amy Cuddy, a star of TED talks has written a new book *"Presence,"* which focuses on research based training tips for building a power image.

Jane Schmiedekamp

What's Happening this Month?

Tuesday, May 3

9 a.m. Current Events: Bring a news item that you find interesting to Star Nut Gourmet, 1445 Laughlin Avenue, McLean. Everyone is invited, but RSVP to *Dawn Schulz* (portia11@verizon.net).

1 p.m. Branch Board Meeting in the community room at McLean House.

Monday, May 9 10 a.m. to 2 p.m. Bridge at Phyllis Krochmal's home. If you would like to play, contact Barbara Carr at barbaralcarr@msn.com. *Friday, May 13 9:30 a.m. Morning Literature* meets in the McLean Community Center to discuss John Grisham's *"Gray Mountain."* All members are welcome to attend.

Tuesday, May 17 9:30 a.m. Great Decisions, International Migration: Join us at *Ginger MacEwen's home*. Please contact Ginger if you plan to attend. A special welcome to a new member, Doris Shank.

Wednesday, May 18 Deadline for reservations to the Annual Spring Dinner: contact Aroona Borpujari, 703/556-9693. *Friday, May 20 Deadline* for the June newsletter.

Saturday, May 21 9 a.m. – 1:30 p.m. Book Collection at the Sun Trust Bank, Vienna.

Wednesday, May 25 6:30 p.m. Annual Spring Dinner at the River Bend Country Club.

Tuesday, 31 9 a.m. *Current Events Break-fast:* Everyone is invited to eat together at the McLean Family Restaurant. RSVP to *Suzanne Watts* (scwatts1@cox.net).

MCLEAN AREA BRANCH 2015/2016 Co-Presidents

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